

**Yangon University of Foreign Languages**

**Oriental Studies Department**

**Course Specifications for OS 3004 (History of Buddhism and Buddhist Arts)**

Course Title:	<b>History of Buddhism and Buddhist Arts</b>
Course Code:	OS 3004
Program:	BA Programme for All Specialization
Department:	Oriental Studies Department
Institution:	Yangon University of Foreign Languages

**I. Course Identification**

1. Credit Hours: 112 hrs
2. Course Type: All Languages
3. Level/Year at which this course is offered: Third Year
4. Pre-requisites for this course: Students need to finish their 2nd Year of All Specialization
5. Mode of Instruction: Blended Learning
6. Credit 3
7. Contact Hours:

Sr No.	Activity	Contact Hours
1	Lecture	2hrs*14 weeks 28 hrs
2	Tutorial	2hrs*14 weeks 28 hrs
	Total	56 hrs

**8. Actual Learning Hours:**

Sr No.	Activity	Actual Learning Hours
1	Lecture	28 hrs
2	Tutorial	28 hrs
3	Independent Study	56 hrs
	Total	112 hrs

## II. Course Description and Learning Outcomes

- 1. Course Description:** The objective of the study is to understand to History of Buddhism and Buddhist Art with the focus on the teaching of Oriental Studies. This course will support the foundation for more effective understanding of Oriental Studies. The aim of the course is to understand how to spread of Buddhism in South East Asia and to evaluate of Buddhist Art, which is preserved and maintained devotee people in Myanmar. And also by understanding of Myanmar culture and traditional and to promote Myanmar Tourism Sector. This course is intended to introduce the student to cultural in Myanmar and to understand what are culture and traditions of Myanmar society in daily life. This course is covering the areas from Buddhist thought to the Culture of Myanmar. This course will support the students will able to evaluate for themselves the knowledge of Oriental Studies.
- 2. Course Learning Outcomes:** By the end of the third-year B.A(All Languages) course, students will be able to:
  - to understand of the historical development of Buddhism, with a focus on the growth and influence of Theravāda Buddhism in Southeast Asia
  - to know the principles and values of Theravāda Buddhism, particularly in Myanmar and its neighboring countries, and will appreciate its cultural and religious significance
  - to foster friendships and understanding with people from other countries where Buddhist culture and art thrive, promoting international cultural exchange
  - to promote and develop the tourism sector in Myanmar by leveraging the country's rich cultural heritage and traditions
  - to analyze Myanmar's cultural heritage using the Pāli language and literature, enhancing their understanding of historical texts and their cultural context
  - to evaluate the quality and virtues of graduates based on their knowledge of Buddhist history and Buddhist art, ensuring they meet high academic and ethical standards

## III. Course Content

Week	List of Topics	Contact Hours
1	Life of the Buddha	4 hrs
2	Buddhism in Myanmar (Sriksetra, Rakhaing)	
3	Buddhism in Myanmar (Thaton, Bagan,)	
4	Buddhism in Thai, Buddhism in Lao	
5	Buddhism in India, Buddhism in Sri Lanka	
6	Buddhism in Cambodia	
7	Buddhist Iconography	
8	Buddhist Art	
9	Four Stories of Buddha (Elephant, Lion, Wheel-Dhammacakka, Bull)	
10	Mudras (Bhūmiphassa, Dhammacakka)	

11	Mudras (Abhaya, Jhyāna, Varada)	
12	Discovered Artistic Sculptures in Pagodas	
13	Discovered Artistic Sculptures in Pagodas	
14	Review	
<b>Total</b>		14 weeks ( 56 hrs)

#### IV. Teaching and Assessment

##### 1. Alignment of Course Learning Outcomes (CLO) with Teaching Strategies and Assessment Methods

Sr No.	Course Learning Outcomes	Teaching Strategies	Assessment Methods
1	to understand of the historical development of Buddhism, with a focus on the growth and influence of Theravāda Buddhism in Southeast Asia	Role-playing and simulations Peer review and feedback Practice sessions Workshops Live translation exercises	<ul style="list-style-type: none"> <li>• Oral presentations</li> <li>• Role-playing exercises</li> <li>• Peer assessments</li> <li>• Participation in group discussions</li> <li>• Quizzes and tests on vocabulary and grammar</li> </ul>
2	to know the principles and values of Theravāda Buddhism, particularly in Myanmar and its neighboring countries, and will appreciate its cultural and religious significance	Case studies Problem-solving exercises Guest lectures Research projects Discussion sessions	<ul style="list-style-type: none"> <li>• Oral presentations</li> <li>• Written assignments</li> <li>• Peer assessments</li> <li>• Listening tests</li> <li>• Interactive quizzes</li> <li>• Note-taking exercises during listening activities</li> </ul>
3	to foster friendships and understanding with people from other countries where Buddhist culture and art thrive, promoting international cultural exchange	Text analysis exercises Critical reading sessions Group discussions Annotated readings Comprehension quizzes	<ul style="list-style-type: none"> <li>• In-class listening activities</li> <li>• Pronunciation practice evaluations</li> <li>• Recording and playback assignments</li> <li>• Peer assessments on pronunciation</li> </ul>
4	to promote and develop the tourism sector in Myanmar by leveraging the country's rich cultural heritage and traditions	Project reviews Comparative analysis Guest lectures by experts Peer assessment Case study analysis	<ul style="list-style-type: none"> <li>• Oral presentations focusing on pronunciation</li> <li>• Online assignments and exercises</li> </ul>
5	to analyze Myanmar's cultural heritage using the Pāli language and literature, enhancing their understanding of historical texts and their cultural context	Research methodology workshops Resource identification exercises Library sessions Online research activities Annotated bibliographies	<ul style="list-style-type: none"> <li>• Self-assessments</li> <li>• Participation in online forums and discussions</li> <li>• Progress tracking through online platforms</li> <li>• Role-playing exercises</li> </ul>

<b>6</b>	to evaluate the quality and virtues of graduates based on their knowledge of Buddhist history and Buddhist art, ensuring they meet high academic and ethical standards	Role-playing and simulations Peer review and feedback Practice sessions Workshops Live translation exercises	<ul style="list-style-type: none"> <li>• Media-based listening tests</li> <li>• Spontaneous speaking tasks</li> <li>• Vocabulary and expression quizzes</li> <li>• Peer assessments</li> <li>• Final Written Exam</li> <li>• Tutorials</li> <li>• Portfolios</li> </ul>
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## 2. Course Assessment Methods

Sr No.	Assessment Methods	Week& Month Due	Percentage of Total Assessment Score
<b>1</b>	Final Written Exam	March/ September	70%
<b>2</b>	Tutorial	week 4, week 8, week 12	15%
<b>3</b>	Portfolio/ Performance	week 2, week 6 week 10	10%
<b>4</b>	Attendance	Daily	5%

V. Date of production : 3.1. 2024

VI. Version: 1